

### About TRIO Student Support Services

**Student Support Services (SSS)** is for first generation, income-eligible, and/or disabled students enrolled at the University of Pittsburgh. Funded by the U.S. Department of Education, SSS has been at the University of Pittsburgh since 1972. SSS is a program for **all eligible** undergraduate students **in any school or major**. Students who may qualify for SSS are either first-generation (defined as parents or guardians have not graduated from a four-year institution), meet the economic guidelines set by the federal government, or are registered with the University's Disability Resources and Services office. The program is funded to serve a minimum of 250 scholars per year. Interested students should apply as early as possible to secure a place in SSS.

### Individual Meetings

All SSS scholars are assigned a **professional academic advisor** in SSS who works with them throughout their time at the University, in addition to their departmental advisor. The SSS staff is available to help scholars meet their academic goals, work through personal challenges that could arise, and plan for their future. SSS works closely with other University offices to provide referrals to a wide range of campus resources, including the Career Center, University Health and Wellness, Study Abroad, and the University Honors College.

### Cultural and Social Events

SSS coordinates **FREE** visits to some of Pittsburgh's greatest attractions, including live theater, museums, and hands-on activities, such as a visit to the Pittsburgh Glass Center. In addition, SSS offers **FREE** social events such as game and movie nights that provide students with an opportunity to relax with other SSS scholars, SSS Peer Mentors, and SSS staff, while connecting with the University and surrounding community.

### Peer Mentoring, Scholars Network, Scholar-Tutors, and Academic Focus

- **SSS Peer Mentors** assist peers in adjusting socially and academically to the University. Peer Mentors share their experiences in areas ranging from the best places to eat to tips on how to study for exams and how to network with professors.
- The **SSS Scholars' Network** is comprised of SSS upperclassmen and alumni who are committed to sharing resources and ideas based on major/career interests, internship/research experiences, and scholarship opportunities.
- In conjunction with the University, SSS provides individual and group tutoring on a wide range of subjects from statistics to organic chemistry. **SSS Scholar-Tutors** are available exclusively to SSS students and provide not only content area assistance but general advice about how to attain the greatest success possible in individual classes.

### Workshops

SSS offers **academic workshops and professional development** on topics such as time management, test taking, finals preparation, career planning, graduate/professional school application process, networking, financial management, and coping with stress.

### The Right Start to College courses: ARTSC 0111, 0112, 0113

**SSS Right Start to College courses (1 credit per course)** provide a vast array of tools to SSS students through interactive experiences. Topics include taking effective notes for college courses, managing test anxiety, working with professors, exploring options for majors, graduate school preparation, job/internship search skills, resume/cover letter writing, and interview skills.

### Contact TRIO Student Support Services

For more information, contact **Student Support Services** at (412) 624-6588 or [sss@as.pitt.edu](mailto:sss@as.pitt.edu).