Study Lab provides the tools and resources you need to discover the most efficient and effective ways for you to study, both on campus and online.

**Study Skills Tools and Resources**
Access online study skills development modules, as well as video tutorials created by Pitt’s peer tutors. Resources are available online anytime at [asundergrad.pitt.edu/studyskills](asundergrad.pitt.edu/studyskills).

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Meet one-on-one with an academic coach to identify your study strengths and challenges. Then, experiment with study skills recommended by our coaches and discover what works for you to create your own customized study strategy to get the grades you want.

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Engage in a one-on-one appointment with a peer tutor specializing in biological sciences, chemistry, economics, neuroscience, physics, psychology, or statistics.

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Study with a group of like-minded students and get your questions answered instantly by a peer tutor. Subjects include biological sciences, chemistry, economics, neuroscience, physics, psychology, and statistics.

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