

The following resources are available to all University of Pittsburgh undergraduate students.

Study Lab
www.asundergrad.pitt.edu/study-lab
G-1 Gardner Steel Conference Center 412-648-7920
Tutoring
Individualized Academic Coaching

The Dietrich School provides free drop-in and by appointment tutoring for all Pitt undergraduates. Their highly trained tutors are knowledgeable and ready to help you in subjects such as biology, chemistry, physics, statistics, economics, and psychology. They also offer individual academic coaching on study skills, test taking strategies, time management, thinking critically, and other topics relevant to student success. Call 412-648-7920 for more information or to make an appointment.

The Math Assistance Center
www.mathematics.pitt.edu/undergraduate/math-assistance-center
O'Hara Student Center, Room 215
412-624-4179

The MAC provides walk-in service for undergraduate level math courses. If you prefer to work with a particular TA, you can view TA schedules on the MAC's Web site.

The Writing Center

www.writingcenter.pitt.edu
O'Hara Student Center, Room 317-B
412-624-6556

The Writing Center assists all Pitt students in their writing efforts. It is staffed by experienced consultants who have been trained to help others improve their writing.

The Counseling Center www.studentaffairs.pitt.edu/cc Nordenberg Hall, second floor

The University Counseling Center (UCC) offers a variety of mental health services to undergraduate and graduate students. Services include assessment, counseling, and psychiatric services. The UCC also provides crisis intervention, consultation, referral, and outreach services to students, faculty, and staff of the University of Pittsburgh. Resources for overcoming test anxiety can also be accessed here.

Student Health Service <u>www.studentaffairs.pitt.edu/shs</u> Nordenberg Hall

Student Health Service provides high quality prevention, health education, and primary health care and pharmacy services to enhance student living and learning.

Disability Resources and Services www.studentaffairs.pitt.edu/drs
140 William Pitt Union
412-648-7890

Disability Resources and Services (DRS) provides resources and accommodations for students with documented disabilities. If you qualify for services, they provide support in requesting appropriate accommodations in your coursework and connecting you with helpful resources to be successful.

Career Center
www.studentaffairs.pitt.edu/cdpa
200 William Pitt Union
412-383-4473

The Career Center can support students at any point in their college career. Consultants can provide resources for exploring a variety of majors and career options in addition to helping students develop strong resumes and strategies for finding internship and career experiences.

Financial Aid Wellness Center https://oafa.pitt.edu/financialaid 130 Thackeray Hall 412-624-7488

The Financial Aid Wellness Center can provide information on funding and financial aid to support your education.

Office of Diversity and Inclusion www.diversity.pitt.edu
500 Craig Hall
412-648-7860

The Office of Diversity and Inclusion (ODI) is committed to ensuring all students are treated with respect on campus. Students who have been involved in any act of harassment, discrimination or compliance complaints can reach out to their office for support in addressing the issue.

Pitt Pantry www.studentaffairs.pitt.edu/pittserves/the-pitt-pantry Bellefield Presbyterian Church 4001 Fifth Avenue

The Pitt Pantry provides perishable and non-perishable food, school supplies and personal hygiene products to all members of the Pitt community. If you are facing food insecurity you can stop by the pantry during their open hours. Shoppers may shop for themselves and any family members (children, spouses, or partners with whom they share food). Check their website for the current term's hours and schedule.

Pitt and Community Assistance Resources https://pitt.libguides.com/c.php?g=764210&p=5481767

This site provides links to support resources for those seeking assistance as they complete their studies at the University of Pittsburgh, both at the University and within the Pittsburgh community. Resources can be found here for food, housing, employment and health assistance.